

## What is Substance Use Disorder (SUD)

- Uncontrolled use of a substance despite harmful consequences.

## How is SUD treated

- With medications for select substances and psychotherapy.
- Alcohol Use Disorder (AUD): continued alcohol use despite harmful consequences.

### **Treatment Options:**

Naltrexone (oral or Long-acting injection), Acamprosate, Disulfiram

- Opioid Use Disorder (OUD): a pattern of opioid use that causes major impairment or distress.

### **Treatment Options:**

Buprenorphine (sublingual or Long-acting injection) and Naltrexone

## What is Medication Assisted Treatment (MAT)

Medication Assisted Treatment combines behavioral therapy and medications to treat substance use disorders. MAT can help sustain recovery and prevent or reduce opioid or alcohol use. It is effective in preventing overdose.

## What is Stepped Care for Opioid Use Disorder (S-OUD) Programs:

1. Medication Assisted Treatment for Opioid use disorder

2. More access to MAT

3. The S-OUD is available within Central Arkansas Veterans Healthcare System. Please call 501-257-2846 for more information.

### **4. Treatment and Support**

- The S-OUD offers various evidence-based psychotherapy modalities tailored specifically for each individual veteran.
- The social worker in collaborative partnership with the veteran, will establish a treatment plan that identifies specific goals and objectives.

- Although therapy is not a requirement, in keeping with a holistic approach to treatment, therapy is strongly encouraged. Veterans may choose either individual counseling sessions or group counseling sessions to fit their needs. Counseling sessions are offered in person and by VVC according to patients needs.

If you are a veteran who lacks a good social support system and is in need of MAT, S-OUD may be a good fit for you. Peer-Support led groups are also facilitated in this program.



## HOW TO GET STARTED

- Ask any of your providers to place a consult : SUD-MAT
- Stop by Building 170, Unit 3L Substance Use Disorder
- Please call 501-257-2846, someone will put you in contact with a S-ODU provider.

### Stepped Care for Opioid Use Disorder (S-ODU) Treatment Team:

- Advance Practice Registered Nurse
- Social Worker
- Peer Support Apprentice



## MEDICATION ASSISTED TREATMENT (MAT)

### MEDICATION DISPOSAL BINS

- Purpose: To provide veterans convenient and anonymous location to dispose of unused and expired medications.
- Location: John McClellan-Green Atrium
- Location: Eugene Towbin: Building 170 Ground Floor, next to the Patriot Store
- Availability: 24 hours a day/7 days a week.



## CONTACT US



501-257-2846



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## FOR SUBSTANCE USE DISORDERS (SUD)

